

CURRICULUM VITAE

MR.MOHAMMAD WASEEM

Consultant Trauma and Upper Limb
Surgery
Macclesfield District General Hospital

FRCS Tr & Orth

BIBLIOGRAPHY

- 3: Personal details
Membership of societies
- 4: Present appointment and Previous appointments
Post fellowship Orthopaedic Training
- 5: Previous appointments cont'd
- 6: Awards and Travel grants
Teaching
- 7: Other responsibilities
- 8: Invited Faculty
- 9: Publications
- 14: Published Abstracts
- 16: Published Letters
Non Medical Urdu Publications
- 17: Presentations at international and national Meetings
- 23: Presentations at international and national Meetings ct'd
- 24: Orthopaedic Courses and conferences
- 26: Clinical Audit and Administration
Completed Audits
- 27: Current Research
Social Interests & Hobbies

Personal Details

Name	Mohammad Waseem												
Date Of Birth	25.01.1964												
Marital Status	Married												
Medical Protection Society	239959												
General Medical Council	4455721												
Academic Qualifications	<table> <tr> <td>MBBS</td> <td>Dec. 1987</td> </tr> <tr> <td>BSc. Med.Sci.</td> <td>Mar. 1988</td> </tr> <tr> <td>FRCS England</td> <td>May 1996</td> </tr> <tr> <td>ATLS Certified Provider RCS and ACS</td> <td>Dec. 1996</td> </tr> <tr> <td>FRCS Tr & Orth Eng.</td> <td>May 2001</td> </tr> <tr> <td>ATLS Certified Provider RCS and ACS</td> <td>June. 2002</td> </tr> </table>	MBBS	Dec. 1987	BSc. Med.Sci.	Mar. 1988	FRCS England	May 1996	ATLS Certified Provider RCS and ACS	Dec. 1996	FRCS Tr & Orth Eng.	May 2001	ATLS Certified Provider RCS and ACS	June. 2002
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ATLS Certified Provider RCS and ACS	Dec. 1996												
FRCS Tr & Orth Eng.	May 2001												
ATLS Certified Provider RCS and ACS	June. 2002												
Present Appointment	Consultant Trauma and Upper Limb Surgery Macclesfield District General Hospital												
Membership Of Societies													
British Orthopaedic Association	1997												
British Orthopaedic Trainees Association	1998												
British Trauma Society	1997												
British society for Surgery of the hand	2001												
British Elbow & Shoulder Surgery	2003												
EFORT European federation of orthopaedics and traumatology	2003												

Previous Appointments Post Fellowship Orthopaedic Experience

1.07.02-31.08.03	Specialist Registrar Trauma & Upper Limb Orthopaedics Year 6 Appendix B Consolidation	Southampton General Hospital Mr. A S Cole Mr. D G Hargreaves
1.09.01-30.06.02	Upper Limb Fellow Appendix A Consolidation	Wrightington Hospital Prof. J K Stanley Mr. I A Trail Mr. J F Haines Mr. J H Stillwell
1.03.01-31-08-01	Specialist Registrar Trauma Year 5(Trauma Fellow)	St. James's University Hospital Prof. R M Smith Mr. P V Giannoudis
1.09.00-28.02.01	Specialist Registrar Trauma Year 5(Trauma Fellow)	Hull Royal Infirmary Mr. M R K Karpinski Mr. A M A Mohsen
1.08.99-31.07.2000	Specialist Registrar Trauma & Orthopaedics Year 4	Stepping Hill Hospital Mr. M A Morris Mr. D J Bamford Mr. B D Todd Mr. N R M Fahmy
1.08.98 -31.7.99	Specialist Registrar Trauma & Orthopaedics Year 3	Tameside General Hospital Mr. T H Dunningham Mr. B N Muddu Mr. R J Creedon
1.8.97 – 31.7.98	Specialist Registrar Trauma & Orthopaedics Year 2	Blackburn Royal Infirmary Mr. R W Paton Mr. S K Hardy Mr. M S Sirinivasan Mr. J L Barrie
5.8.96 – 31.7.97	Specialist Registrar Trauma & Orthopaedics Year 1	Manchester Royal Infirmary Mr. P Hirst Mr. A S Paul Mr. N W Kenny

Previous Appointments

GIBRALTAR		
27.1.93 – 31.1.94	SHO Trauma & Orthopaedics	St.Bernards Hospital Gibraltar Mr.RA Malik
1.2.94 – 31.7.94	SHO Accident & Emergency	St.Bernards Hospital Gibraltar Mr.RA Malik
1.7.94 – 9.2.95	SHO General Surgery	St.Bernards Hospital Gibraltar Mr. AP Sene Mr. GA Sabre
UK		
2.8.95 – 4.8.96	SHO Trauma & Orthopaedics	Hinchingbrooke Healthcare Huntingdon, England Mr. P Sewell Mr. AS Wojcik Mr. T Vaughn-Lane
PAKISTAN		
1.1.88 – 30.6.88	HO General Surgery	Rawalpindi General Hospital, Rawalpindi, Pak. Prof. M Iqbal
1.7.88 – 10.10.88	HO General Medicine	Rawalpindi General Hospital, Rawalpindi, Pak. Prof. MA Jaffery
11.10.88 – 11.4.89	HO General Medicine	Fauji Foundation Medical Centre, Rawalpindi, Pak. Dr.GM Siddique
12.4.89 – 18.8.89	HO General Surgery	Fauji Foundation Medical Centre, Rawalpindi, Pak. Mr.Nisar Ahmad
19.8.89 – 18.8.90	Registrar General Surgery	Fauji Foundation Medical Centre, Rawalpindi, Pak. Mr.Nisar Ahmad
19.8.90 – 18.2.91	Registrar Accident & Emergency	Fauji Foundation Medical Centre, Rawalpindi, Pak. Mr.Nisar Ahmad
19.2.91 – 18.8.91	Registrar Trauma & Orthopaedics	Mr.SA Khan Fauji Foundation Medical Centre, Rawalpindi, Pak. Mr.Nisar Ahmad
18.8.91 – 18.2.92	Registrar Urology	Mr.SA Khan Fauji Foundation Medical Centre, Rawalpindi, Pak. Mr.Nisar Ahmad Mr.SA Khan Mr.MA Shujah

AWARDS AND TRAVEL GRANTS

UNIVERSITY OF LANCASTER.1998

I received this grant after devising a tool for Abductor Pollicis Brevis strength measurement. A prospective double blind study on abductor strength in patients with carpal tunnel syndrome was then started.. This is still on going and now has 176 patients. The preliminary results have been presented on both sides of Atlantic. In UK in British society of the surgery of hand. In USA in American Academy meeting.

WISHBONE TRUST GRANT 1999

In 1999 I visited and worked at Zurich university Hospital. This was for period of one month with Professor Viktor Myer in Department of Plastic & Hand Surgery. I gained valuable micro-vascular surgery expertise by using hospital's animal lab. (Micro-vascular surgery training)£600

AO Travelling trauma Fellowship

I have been awarded an AO fellowship **1700 SF** for November 1999.I visited a busy trauma and upper limb clinic in Oberhausen in Ruhr district of Germany. There I observed and took part in polytrauma and Upper Limb fracture management in a tertiary referral centre. My experience in regular use of AO equipment by percutaneous means was also refined by this experience.This was for a six week period.

Fellowships in Training

Trauma: Hull/Leeds 1 year.Sep2000-Sep. 2001.

This was done in the year five of my training and involved regular trauma management at hull and Polytrauma and Pelvic trauma management at Leeds. Leeds also provides a tertiary referral service and I worked as a trauma fellow with Professor RM Smith (currently Professor of Trauma surgery in Howard University Boston, USA. In Leeds I also learned computer assisted orthopaedic surgery. This was used in pelvic fractures and osteotomies (CAOS).

Upper Limb: Wrightington Sep.01 –July 02.

I have been lucky enough to spend ten months in Wrightington Upper Limb unit as a fellow. In this world renowned unit I was exposed to a full spectrum of upper Limb surgery. This included Paediatric work at Royal Manchester children hospital and Alderhey. In Wrightington I was exposed to arthroscopic and joint replacement surgery of all upper limb joints. A large part of this was revision joint surgery and tertiary referral work. I also gained Plastic surgery experience by working for John Stilwell.

There is also opportunity to take part in new ground breaking research and evolving techniques. My arthroscopic skills have been enhanced considerably in this short period of time. Apart from adult elective upper limb surgery there is paediatric and acute trauma experience to be gained. This included Paediatric work at Royal Manchester children hospital and Alder Hey. This post was an ideal opportunity for

someone like my self to acquire and polish my skills for a future practice in upper limb surgery. I took part in new and on going research and honed my skills further in bio-skills lab. This unique lab work culminated in discovering one new ligament and a new approach for radial head surgery.

Upperlimb senior registrar Southampton 14 months

My position at Southampton university hospital was a further opportunity in training myself towards an upper limb & trauma career. This was a busy trauma centre and my last 14 months of training were divided in two parts shoulder and elbow/ hand firm.

Animal Research

Home office licensing course Leeds University September 23-24 2002

Teaching STEC /DMEC responsibilities

I teach on both Mersey and Manchester regional programmes. I am also the speciality tutor for orthopaedics involved in trainee recruitment and assessment.

I regularly sit on ST3 /SPR interviews and attend STEC and DEMEC meetings.

I also arrange pre examination sessions for orthopaedic trainees and take part in Mock examinations.

I was instrumental in acquiring a new ST3 post with 100% funding for the trust in 2007.

I am AO faculty member and teach internationally and nationally in fracture fixation courses.

Other Responsibilities

Member of Local CEA committee responsible for clinical excellence awards since 2006

Charities

MAST Medical and surgical trust is a Macclesfield charity raising funds for Macclesfield general hospital. I have been a board member since 2004.

MiST Manchester international services to trauma. I have raised funds and travel overseas 3 times since 2005 earthquake in Pakistan with MiST operating overseas in disaster areas.

Intercollegiate MRCS Examiner

I am a member of the intercollegiate court of examiners for The Royal College of Surgeons of England.

Oldham Clinical Examination November, IMRCS 13, 2007

RCS London Viva Examination, IMRCS Applied Physiology
February 11-12, 2008

IMRCS clinical examination, Cairo, April 17-25, 2008.

OSCE Writers Day RCS England London

IMRCS Clinical Examination February 2009 Wrexham Wales

IMRCS Oral Examination, IMRCS RCS London, October 5-7 2009

Member Question Writing Committee Intercollegiate FRCS Trauma & Orthopaedics since 2009

Committee Meeting Edinburgh 14-15 September 2009

SPR/ST3 Interviews in Trauma and Orthopaedics

Short listing Sep 10 2007

Interviews 9 October 2007

Short listing March 10 2008

Interviews 25-25 March 2008 Mersey Deanery

Invited Faculty

Manchester Regional Registrar teaching Programme 1999-2008

Hand Surgery for FRCS Trauma & Orth. September 2001

Hand Surgery for FRCS Trauma & Orth. April 2002

Wessex Regional Registrar teaching Programme 2002-2003

Joint Replacement in hand & wrist surgery Wrightington 5-6 Dec 02

AO Principles of Surgery for surgeons Leeds July 04

AO Principles of Surgery for surgeons Leeds July 05

AO Principles of Surgery for surgeons Leeds July 06

Mere Shoulder seminar 18 November 2006

AO Principles of Surgery for ORP, Leeds July 07

Wirral and northwest fracture NOF audit workshop 5 March 2008 Haydock Park

AO Advanced Course for ORPS, Leeds June 24-28 08

Regional registrar teaching session organised and participated in Macclesfield 3 April 2009.

STR Mock FRCS Orth. examination Liverpool April 17- 2009

STR Mock FRCS Orth examination Chester 29 May 2009

AO Principles of Surgery for surgeons, Leeds June 28-July 2 2009

Publications

1.IQBAL M, RASOOL MI, KHAN MM, MALIK S-U-HAQ , WASEEM B
Prospective study of 111 cases of Thyroid surgery for Post- operative Morbidity and Mortality.

Journal of Pakistan Medical Association
1989; Vol.39,No. 8: 201-204.

2.WASEEM M, PATON RW

Percutaneous intramedullary elastic wiring of displaced diaphyseal forearm fractures in children. A modified technique.

Injury-vol.30 :No.1 :21-24, 1999

3.WASEEM M, KENNY NW

Image intensifier as an operating table. A dangerous practice.

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4.JARI S,WASEEM M,SRINIVASAN MS

Simultaneous Bennett's fracture and metacarpophalangeal dislocation of the same thumb in a soccer player.Br J Sports Med. 2000 Dec; 34(6):463-4.

5.LIM J, DALAL R, WASEEM M

Percutaneous vs open repair in the ruptured Achilles tendon; A prospective randomised study Foot & Ankle Int. July 2001

6.FISCHER J,WASEEM M,GAMBHIR A,CREEDON RJ

Volar dislocation of CMC joint of thumb (Acta Orthopaedica Belgica)

7.SADIQ WASEEM M,PERAVALLI B,DOYLE J,DUNNINGHAM T, MUDDU
BNM Single or Double Plating For Nonunion of Clavicle ,vol-67-4-October

2001,354-360.

(Acta Orthopaedica Belgica)

8.Waseem M, Jari S, Paton RW

Glomus tumour, a rare cause of knee pain: a case report.

Knee. 2002 May;9(2):161-3.

9.Waseem M, Sadiq S, Gambhir AK, Lim J, Maxwell S and Bamford DJ.

Safety and Efficacy of intra-articular injection of the Hip. Hip Int.Vol.12 no.4,2002.

10.WASEEM M, GLEASURE A, CANTY S, PAUL AS

Back to front; we lead

Orthopaedic Update India,1997; Vol.7 No.2 : 152-153.

11.Fischer J,Waseem M,Gambhir AK, Aligning the leg of the patient in femoral nailings facilitates insertion of distal locking screws.Ann of Royal College of surgeons.Sept.2002 ,Vol 84,No 5,360.

12.Waseem M, Barrie JL,A new method of ankle distraction in difficult ankle arthroscopy

Jof foot and ankle surg.2002 Nov-Dec;41(6):412-3.

13.M Waseem The use of subtalar arthroscopy in open reduction and internal fixation of intra-articular calcaneal fractures. Injury

14.M Waseem Endoscopic versus open carpal tunnel release in bilateral carpal tunnel syndrome A Prospective, Randomised, Blinded Assessment. JBJS B

15.Gambhir AK,Fischer JW,Waseem M. Management of completely displaced metaphyseal fractures of the distal radius in children. A prospective randomised controlled trial. JBJS VOL 85B 2003,463.

16.Chaudhary RK,Waseem M,Dunlop DG. Diagnosis and immediate care of Acute Compartment Syndrome of Limb. Hospital Medicine.

17.WASEEM M,FISCHER JW, PATON RW

Partial percutaneous epiphyseodesis in patients with congenital abnormalities of the growth plates.

J Pediatr Orthop B. 2004 Jan;13(1):39-42.

18. Dosani A, Giannoudis PV, Waseem M, Hinsche A, Smith RM

Unusual presentation of sciatica in a 14-year-old girl.

Injury. 2004 Oct;35(10):1071-2.

19. Khan M, Waseem M, Barnes K.

Re: An outcome assessment of intra-articular calcaneal fractures, using patient and physician's assessment profiles.

Injury. 2005 Jan;36(1):234-235.

20. Akhtar MS, Khan M, Waseem M.

Re: "Floating thumb metacarpal" or complete dislocation of the thumb metacarpal: a case report and review of the literature.

Injury. 2005 Jan;36(1):232-233.

21.G.A. Higgins, S. Sadiq, M. Waseem, P. Hirs, A.S. Paul

Success of cannulated screw fixation of subcapital neck of femur fractures

Hip International 2004; 14: 244 – 248

22.V Kapoor,V Sudher,M Waseem,AS Cole,DF Weeden

An Unusual Presentation of chondrosarcoma of the clavicle with Horner's syndrome

Sarcoma,June/ September 2004,Vol.8, No. 2/3, 87-89.

23.J Fischer,Y Chee,M Waseem,K Barnes

IMHS in Peritrochanteric fractures

Hip International 2005; 15: 24 – 48

24. Khan M, Waseem M, Barnes K.

Re: Complex fractures do we operate on enough to gain experience.

Injury. 2005 Jan;37(1)

25. M Waseem, M Khan, N Hussain, PV Giannouis,J Fischer,RM Smith

Eponyms: errors in clinical practice and scientific writing.
Acta Orthop Belg. 2005 Feb;71(1):1-8

26. J. Fischer, Y. Chee, M. Waseem, K. Barnes

IMHS in peritrochanteric fractures
Hip International 2005; 15: 27 – 32

27. Saldanha KA, Bokhari SA, Waseem M.

First metatarsophalangeal joint arthrodesis: a new technique of internal fixation by using memory compression staples.
J Foot Ankle Surg. 2005 Jul-Aug;44(4):313.

28. Rohilla M, Saldanha K, Waseem M.

Early versus delayed surgical treatment of open tibial fractures: Effect on the rates of infection and need of secondary surgical procedures to promote bone union.
Injury. 2005 Dec 26;

29. Chaudhry SN, Waseem M.

Clavicular hook plate: complications of retaining the implant.
Injury. 2006 Jul;37(7):665.

30. Badar M, Sanz L, Waseem M.

Forearm fractures in children: single bone fixation with elastic stable intramedullary nailing in 20 cases.
Injury. 2006 Sep;37(9):923-4; author reply 924-5.

31. Stanley JK, Penn DS, Waseem M.

Exposure of the head of the radius using the Wrightington approach.
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32. D. Cohen, M. Waseem

THE UTILITY OF SYNOVIAL FLUID REPLACEMENT IN ARTHROSCOPIC SHOULDER SURGERY IN THE PREVENTION OF POST-OPERATIVE PAIN Osteoarthritis and Cartilage, Volume 15, Supplement 3, December 2007, Pages C210-C211

33. Rockwood pin fixation of clavicle fractures

Injury Extra, Volume 39, Issue 5, May 2008, Pages 169-170
S. Ahmad, D. Sunderamoorthy, H. Jahraja, A. Shah and M. Waseem

34. Early mobilisation following operative treatment of unstable elbow dislocations with open stabilisation

Injury Extra, Volume 39, Issue 5, May 2008, Pages 206-207
E.J. Shaw, D.R. Cohen and M. Waseem

35. Case report describing neoprene allergy in a woman treated with a splint following a fracture of the radial styloid

Injury Extra, Volume 38, Issue 12, December 2007, Pages 454-455
T.A. Sudhahar, Ahsan Akhtar and M. Waseem

36. Is there a consensus in the management of displaced distal radial fractures?*Injury Extra, Volume 38, Issue 4, April 2007, Page 136*

R. Mansingh, R. Bassi, L. Sanz and M. Waseem

37. Hook plate in clavicular pathology in a DGH*Injury Extra, Volume 38, Issue 1, January 2007, Pages 3-4*

D. Sunderamoorthy, K. Saldanha, S. Madhusudhan and M. Waseem

38. M Khan, D Derham, and M WaseemEstimate of the functional improvement in thumb cmc joint osteoarthritis after a single intra-articular steroid injection J Bone Joint Surg Br Proceedings, Jul 2008; **90-B**: 364.**39. S. Ahmad, H. Jahraja, D. Sunderamoorthy, K. Barnes, L. Sanz, and M. Waseem**

Rockwood pin fixation of clavicle fractures

J Bone Joint Surg Br Proceedings, **Mar 2009; 91-B**: 10 - 11.**40. D.R. Cohen, O. Olivier, H.A. Jahraja, G. Kemp, J. Hunter, and M. Waseem**

Synovial fluid replacement in arthroscopic shoulder surgery

J Bone Joint Surg Br Proceedings, **Mar 2009; 91-B**: 118.**41. M. Waseem, K. Saldanha, S. Chaudhry, and H. Jharaja**

Role of sulcus view radiographs in cubital tunnel SURGERY

J Bone Joint Surg Br Proceedings, **Mar 2009; 91-B**: 80.**42. T. Sudhahar, J. Velupla, M. Madhusudan, L. Sanz, and M. Waseem**

Cost effectiveness of artificial bone substitutes. Comparison of two types of artificial bone grafts (calcium sulphate alone and bmp with cancellous bone chip, bone marrow aspirate and calcium sulphate).

J Bone Joint Surg Br Proceedings, **Mar 2009; 91-B**: 112.**43. Munir Khan, Mohammad Waseem, Ali Raza, Damjana Derham**

Quantitative Assessment of Improvement with Single Corticosteroid Injection in Thumb CMC Joint Osteoarthritis?

pp.48-51 (4)

44. P.N. Unnikrishnan, D.C. Perry, S. Kershaw, M. Waseem

Clinical effectiveness of DePuy ATN trochanteric nail systems in the treatment of trochanteric fractures of proximal femur—Our experience

Injury, Volume 40, Supplement 2, September 2009, Page S16

Published Abstracts

1. WASEEM M, PATON RW

Percutaneous partial medial epiphyseodesis for genuvalgum (Abstract)JBJS (British volume)

Vol.80B Suppelement 3 ,1998-254.

2. HENRY AD, WASEEM M, SOCHART DH, HIRST P

High failure rate of internal fixation of femoral neck fractures. JBJS Vol. B suppliment 2,1999.

3. WASEEM M, PATON RW

Percutaneous intramedullary elastic wiring of displaced diaphyseal forearm fractures in children. A modified technique. (Abstract)Injury, vol. 30:No. 8 : 574, 1999

4. WASEEM M, PATON RW

Percutaneous intramedullary elastic wiring of displaced diaphyseal forearm fractures in children. A modified technique. (Abstract)JBJS Vol.82-B suppliment 1:63 April 2000

5. WASEEM M, PATON RW

Differential diagnosis and management of tip toe walkers in a district general hospital. Journal of bone and joint surgery (British volume)Vol.83-B 2001.

6. WASEEM M, JARI S 'SRINIVASAN MS

Preliminary results of a Prospective Trial of Measurement of Abductor Pollicis strength in carpal tunnel syndrome. Proceedings of British society of hand surgery, Swiss hand society, Society of hand therapists, 27-29 October. 1999 Blackpool.

7. WASEEM M, Barrie JL, Mitchell osteomy in older patient. EFAS June 2000, Sweden.

8. WASEEM M, PATON RW

Differential diagnosis and management of tip toe walkers in a district general hospital. 5th EFFORT Rhodes. June 2001

9. WASEEM M, Barrie JL, Mitchell osteomy in older patient, 5th EFFORT Rhodes. June 2001

10. WASEEM M, Barrie JL, A new method of ankle distraction in difficult ankle arthroscopy, 5th EFFORT Rhodes. June 2001

11. M Waseem, JK Stanley, R Kebrle, and G Tuvo

WRIGHTINGTON APPROACH FOR RADIAL HEAD SURGERY

J Bone Joint Surg Br Proceedings, Apr 2003; 85-B: 66.

12. G Tuvo, JK Stanley, M **Waseem**, K Sharpe, and R Kebrle
PERCUTANEOUS RELEASE OF TENNIS ELBOW
J Bone Joint Surg Br Proceedings, Apr 2003; 85-B: 66.
13. J. Fischer, M. **Waseem**, and K. Barnes
Treatment of inter- and subtrochanteric fractures of the neck of femur with Experience Intramedullary Hip Screw
Injury Vol 34 No.8 2003 Page 601-602.
14. J. Fischer, M. **Waseem**, S Sadiq, D Bamford, P Turner
AO Hybrid Fixator in management of tibial fractures
Injury Vol 34 No.8 2003 Page 601
15. AA Abassi, M **Waseem**
Head Injuries in Sultanate of Oman
Injury Vol 34 No.8 2003 Pages 610-611.
16. GA Higgins, S Sadiq, M **Waseem**, DH Sochart, P Hirst, APaul.
Success of cannulated screw fixation of subcapital neck of femur fractures
Injury Vol 34 No.8 2003 Page 609.
17. Richard S. Page, M. **Waseem**, and J.K. Stanley
CLINICAL OUTCOME OF ARTHROSCOPIC RADIAL STYLOIDECTOMY
J Bone Joint Surg Br Proceedings, Sep 2004; 86-B: 290.
18. J. Fischer, M. **Waseem**, and K. Barnes
Experience with the intramedullary hip screw in the treatment of inter- and subtrochanteric fractures
J Bone Joint Surg Br Proceedings, Sep 2004; 86-B: 225.
19. DJ Watkinson, M **Waseem**, and DG Hargreaves **Early operative treatment of unstable elbow dislocations with open stabilization and immediate mobilization**
J Bone Joint Surg Br Proceedings, Apr 2005; 87-B: 159.
20. **Head injuries in Oman** Abstract Syllabus Page:149 NICE, France 1-5 September 2005)
21. M Rohilla, D Sunderamoorthy, K Saldanha, M Waseem, J Kaye. Intramedullary Rockwood pin fixation of clavicular fractures. *Eur J Trauma* 2006;32 (Suppl 1):184.
22. R Mansingh, D Sunderamoorthy, K Saldanha, M Waseem. Hook plate in clavicular pathology in a DGH. *Eur J Trauma* 2006;32 (Suppl 1):178.
23. Hook plate in clavicular pathology in a DG Sunderamoorthy D, K Saldanha, S Madhusuhan, Waseem M, BTS abstract book 2005, page no2.

- 24. Sanz L, Mansingh R, Rohilla M, Bader M, Waseem M.** Accuracy of needle placement in intraarticular hip injections. Supplement. 2 Vol.16 No.2 2006 April-June. Page 155.
- 25.** Hook plate in clavicular pathology in a DGH, Sunderamoorthy D, K Saldanha, S Madhusuhan, Waseem M, British Trauma Society Meeting, Athens, October 2005
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- 26.** Modified posterior approach for fixation of radial head fractures. (Poster)
D Sunderamoorthy, K Saldanha, M Waseem. **British Trauma Society Meeting**, October 2005, Athens.
- 27.** Intramedullary Rockwood pin fixation of clavicular fractures.
D Sunderamoorthy, M Rohilla, K Saldanha, M Waseem, J C Kaye **European Trauma Congress**, May 2006, Slovenia.
- 28. R. Mansingh, R. Bassi, L. Sanz and M. Waseem** Is there a consensus in the management of displaced distal radial fractures?, *Injury Extra, Volume 38, Issue 4, April 2007, Page 136*
- 29. D. Sunderamoorthy, K. Saldanha, S. Madhusudhan and M. Waseem**
Hook plate in clavicular pathology in a DGH, *Injury Extra, Volume 38, Issue 1, January 2007, Pages 3-4*
- 30. D. Cohen and M. Waseem**, The utility of synovial fluid replacement in arthroscopic shoulder surgery in the prevention of post-operative pain
Osteoarthritis and Cartilage, Volume 15, December 2007, Pages C210-C211
- 31.** Wrightington Experience of Herbert Ulnar Head Replacement
J Bone Joint Surg Br Proceedings, Apr 2008; **90-B**: 4.
- 32.** DJ Watkinson, M **Waseem**, and DG Hargreaves
Open stabilization and immediate mobilization for unstable elbow dislocations
J Bone Joint Surg Br Proceedings, Mar 2008; **90-B**: 26.
- 33.** M Khan, D Derham, and **M Waseem**
Estimate of the functional improvement in thumb cmc joint osteoarthritis after a single intra-articular steroid injection J Bone Joint Surg Br Proceedings, Jul 2008; **90-B**: 364.
- 34.** S. Ahmad, H. Jahraja, D. Sunderamoorthy, K. Barnes, L. Sanz, and **M. Waseem**
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J Bone Joint Surg Br Proceedings, Mar 2009; **91-B**: 10 - 11.
- 35.** D.R. Cohen, O. Olivier, H.A. Jahraja, G. Kemp, J. Hunter, and **M. Waseem**
Synovial fluid replacement in arthroscopic shoulder surgery
J Bone Joint Surg Br Proceedings, Mar 2009; **91-B**: 118.

- 36. M. Waseem**, K. Saldanha, S. Chaudhry, and H. Jharaja
Role of sulcus view radiographs in cubital tunnel SURGERY
J Bone Joint Surg Br Proceedings, Mar 2009; **91-B**: 80.
- 37. T. Sudhahar**, J. Velupla, **M. Madhusudan**, L. Sanz, and **M. Waseem**
Cost effectiveness of artificial bone substitutes. Comparison of two types of artificial bone grafts (calcium sulphate alone and bmp with cancellous bone chip, bone marrow aspirate and calcium sulphate).
J Bone Joint Surg Br Proceedings, Mar 2009; **91-B**: 112.
- 38. D. Cohen**, **M. Waseem**
THE UTILITY OF SYNOVIAL FLUID REPLACEMENT IN ARTHROSCOPIC SHOULDER SURGERY IN THE PREVENTION OF POST-OPERATIVE PAIN Osteoarthritis and Cartilage, Volume 15, Supplement 3, December 2007, Pages C210-C211.
- 39. P.N. Unnikrishnan**, D.C. Perry, S. Kershaw, **M. Waseem**
Clinical effectiveness of DePuy ATN trochanteric nail systems in the treatment of trochanteric fractures of proximal femur—Our experience
Injury, Volume 40, Supplement 2, September 2009, Page S16

Published Letters

1. Image intensifier as an operating table. A dangerous practice.
Reply to Mr. M G Mathew's letter
JBJS Vol : 82-B No.5: 774, July 2000
2. Image intensifier as an operating table. A dangerous practice.
Reply to Mr. S B Tibrewal's letter
JBJS Vol : 82-B No.5: 774-775, July 2000

3. Image intensifier as an operating table. A dangerous practice.
 Reply to I T Sharpe & G Van Staden's letter
 JBJS Vol : 82-B No.5: 774-775, July 2000

NON MEDICAL PUBLICATIONS in Urdu

1. WASEEM M, AQALMAND ADAMI story for children PHOOLON KI DUNYAN
 1974.

2. WASEEM M, JOEL GARNER IN TARBELA comic sketch SHAHEEN
 1983.

3. WASEEM M, FASANAY MOHABAT Short story HORIZEN 1984.

Presentations at International and National Meetings

28th meeting of British Society of Children's Orthopaedic Surgery. January 1998. Swansea

- 1. Percutaneous partial medial epiphyseodesis for genu-valgum.**

British Trauma Society Annual Meeting October 1998. London

2. Percutaneous intramedullary elastic wiring of displaced diaphyseal forearm fractures in children. A modified technique.

Johnson & Johnson meeting 20 February 1999 Shrigley Hall

3. Percutaneous partial medial epiphyseodesis for genu-valgum.

4th Congress of the European Federation of National Associations of Orthopaedics & Traumatology (EFORT) Brussels, 3-8 June 1999, Brussels, BELGIUM

4. High failure rate of internal fixation of femoral neck fractures.

British Orthopaedic Association 15-17 SEPTEMBER 1999, GLASGOW

5. Intramedullary elastic wiring of displaced diaphyseal forearm fractures in children. A new Technique.
6. Occult carpal fractures demonstrated by bone scintigraphy

British Society of Surgery of Hand & Swiss Hand Society, Society of Hand Therapists, 27-29 October 99 Blackpool.

7. Preliminary results of a Prospective Trial of Measurement of Abductor Pollicis strength in carpal tunnel syndrome

EFAS June 2000 Sweden

8. Mitchell's osteotomy in older patient

68th Annual meeting of AAOS 28 Feb-4th Mar 2001 San Francisco, USA

9. Preliminary results -Abductor Pollicis strength in Carpal Tunnel Syndrome

5th Congress of the European Federation of National Associations of Orthopaedics & Traumatology (EFORT) Rhodes, Greece, 9-15 June 2001.

10. Differential diagnosis and management of tiptoe walkers in a district general hospital

11. Mitchell's osteotomy in older patient

12. A new method of ankle distraction in difficult ankle arthroscopy

British Orthopaedic Association, Annual Meeting 15-17 Sep 2002 Cardiff

13. Safety and Efficacy of intra-articular injection of the Hip

British Trauma Society, Annual Meeting October 3-4 2002.Leads.

14. Experience with the Intramedullary Hip Screw in the treatment of inter- and subtrochanteric fractures

15. AO Hybrid Fixator in management of tibial fractures

16. Head Injuries in Sultanate of Oman

17. Success of cannulated screw fixation of subcapital neck of femur fractures

Joint Replacement in hand & wrist surgery Dec 5-6 Wrightington

18. Anatomy of PIP & MCP Joints

**British Society of Surgery of Hand & American Society of Surgery the Hand
BSSH CAMBRIDGE 7-9 APRIL 2003**

19. Wrightington Experience of Herbert Ulnar Head Replacement

20. Full Thickness Graft in Painful Neuromas

21. Anatomic Basis of Surgical Applications of FCR Tendon

22. Eponyms in Orthopaedics - To Use or not to Use?

23. Anatomic basis of surgical applications of FCR tendon

**6th Congress of the European Federation of National Associations of
Orthopaedics & Traumatology (EFORT) Helsinki, June 4-10 2003.**

24. Audit of post operative infection in upper limb surgery

25. Eponyms in orthopaedics, confusing or useful?

26. Wrightington approach for radial head surgery

27. Variations in displacement of thumb CMC joint stress views in normal volunteers

28. Percutaneous release of tennis elbow

29. Clinical outcome of arthroscopic radial styloidectomy

30. Full thickness graft in painful neuromas

31. Head injury in Oman

32. Treatment of tibial fractures with the AO hybrid fixator

33. Experience with the Intramedullary Hip Screw in the treatment of inter and sub-trochanteric fractures

President's Prize Meeting Royal Society of Medicine 1st of April 2003

34. Radiographic differences in thumb CMC joint stress views

British Orthopaedic Association, Annual Meeting, September 17-19 2003

35. Wrightington Experience of Herbert Ulnar Head Replacement

Combined meeting BOA AAOS Sidney, Australia 2004

36. Scapholunate injury in undisplaced distal radius fractures

British Orthopaedic Oncology Society 2003 Birmingham

37. Elastofibroma Dorsi

Regional Teaching Meeting MDGH 2004

38. A Taste of Upperlimb surgery

Regional Occupationaltherapy Meeting 2004

39. Treatment of Unhappy Elbow Triad injury

Spanish and British hand society combined meeting, Valladolid , Spain April 2005

40. Role of sulcus view in cubital tunnel surgery

41. Stage related steroid injection response in CMC joint OA

AO/ ASIF Course Leeds July 2005

42. Fractures of the forearm

Combined meeting Greek and British Trauma Society Athens Oct. 2005

43. Modified Posterior approach for radial head replacement in trauma

44. Hook plate in ACJ Reconstruction

British Society of Surgery of Hand BSSH Nov.2005 London

45. Herbert ulnar head replacement in failed Darrach's Procedure with radial osteotomy

46. Radial head replacement

Joint Congress of The European Society For Emergency Medicine And The American Academy Of Emergency Medicine

47. Head injuries in Oman

FESSH Meeting Glasgow June 28-30, 2006.

48. Measurement of Abductor Pollicis Brevis Strength: A new technique

49. Complex elbow dislocations : challenges in management

European hip society meeting 2006.

50. Accuracy of needle placement in intraarticular hip injections.

Regency hospital 9th of March 2006

51. Upperlimb surgery and therapy

7th European Trauma congress May 14-17,2006. Lubljana Slovenia.

52. Hook plate in Clavicular pathology in a DGH

53. Occult carpal fractures demonstrated by bone scintigraphy

54. Intramedullary Rockwood pin fixation of clavicle fractures

55. Intramedullary fixation of small bone periarticular fractures

British society of the surgery of Hand Spring Meeting, Leeds May 3-4 2007.

56. The role of sulcus view in ulnar nerve decompression at the elbow

57. Arthroplasty for post-traumatic osteoarthritis of Metacarpophalangeal Joint in a young individual

8th Congress of the European Federation of National Associations of Orthopaedics & Traumatology 11-15 May (EFORT) 2007 Florence, Italy

58. Rockwood Pin Fixation of Clavicle Fractures

59. Synovial Fluid Replacement in Arthroscopic Shoulder Surgery

60. Early Mobilisation following Operative Treatment of Unstable Elbow Dislocations with Open Stabilisation

61. Cost effectiveness of artificial bone substitutes. Comparison of two types of artificial bone grafts (calcium sulphate alone and BMP with cancellous bone chip, bone marrow aspirate and calcium sulphate).

62. The Role of the Sulcus view in Ulnar Nerve Decompression at the Elbow

63. Steroid Injection in Thumb CMC Joint Osteoarthritis: is the result stage related?

64. Patient satisfaction in outpatient Needle fasciotomy

65. Role of Sulcus View Radiographs in Cubital Tunnel Surgery

Shoulder Examination for Physiotherapists & GP

66. Macclesfield Regency 2 July 07

Mersey regional training July 2006

67. Osteoarthritis in the hand

AO/ASIF Course Leeds, July 2007

68. Complications in Trauma Surgery, compartment syndrome

Fifth SICOT/SIROT Annual International Conference 29 August – 1 September 2007, Marrakech, Morocco.

69. The Herbert ulnar head prosthesis for post-traumatic disorders of the distal radio-ulnar joint

Pathways meeting with GP, Shoulder examination techniques and injection into shoulders

70. Macclesfield Waters Green October 29 2007

OARSI (osteoarthritis research society international) world congress 2007 in florida december 6th - 9th

71. The Utility of Synovial Fluid Replacement in Arthroscopic Shoulder Surgery in the Prevention of Post-Operative Pain

**British Trauma Society, Annual Clinical Meeting, 4 – 5 October 2007
The Albert Hall, Nottingham**

72. Outcome of proximal humeral fixation with PHILOS plate in a DGH

73. Rockwood Pin Fixation of clavicle fractures

74. Outcome of hook plate fixation in clavicular pathology in a DGH

**75th annual meeting of AAOS American academy of orthopaedic surgeons
March 5-7, San Francisco USA**

75. Patient satisfaction in needle fasciotomy in Dupuytren's disease

**9th Congress of the European Federation of National Associations of
Orthopaedics & Traumatology 29 May June 1 (EFORT) 2008 Nice, France.**

76. Outcome of proximal humeral fixation with PHILOS plate in a DGH

77. The Herbert ulnar head prosthesis for post-traumatic disorders of the distal radio-ulnar joint

78. Reconstruction of postero lateral instability of the elbow with Flexor Carpi Radialis ,FCR graft- prospective study

79. Sharing experiences of managing radial head fractures with arthroplasty.

80. Dorsoradial ligament reconstruction for Thumb CMC joint instability

81. Grand Round Presentation shoulder fractures MDGH February 2009

82. MOG Examination of Shoulder for General practitioners/Physiotherapists 12th of May Alexandra hospital, Cheadle.

10th Congress of the European Federation of National Associations of Orthopaedics & Traumatology 2-6 June (EFORT) 2009 Vienna, Austria.

83. Functional outcome after Rockwood pin fixation for clavicle fractures in adults

84. Wrist MRI Arthrogram v wrist arthroscopy. What are we finding?

85. Total wrist replacement arthroplasty- A review of 16 cases

86. Pyrocarbon proximal interphalangeal joint replacements the Macclesfield experience of 12 joints

Orthopaedic Courses and Congresses

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|---|---|
| 1.RADIATION PROTECTION | Addenbrooke's hospital
Cambridge March 1996. |
| 2.AO BASIC COURSE | Nottingham June 1996. |
| 3.ARTHROSCOPY & SURGICAL
MANAGEMENT OF THE KNEE | Manchester Royal Infirmary
September 1996. |
| 4.SPSS STATISTICS FOR WINDOWS | University of Manchester, Nov.
1996. |
| 5.CURRENT TRENDS IN ORTHOPAEDICS
PAEDIATRIC ORTHOPAEDICS | Manchester,September 1996. |
| 6.THE ILLIZEROV METHOD | Salford Royal Hospital, April 1997. |
| 7.6th BOTA ORTHOFIX SEMINAR | Verona, Italy,May 1997. |
| 8.ACUPUNCTURE COURSE | Milton Keynes Hospital,June 1997. |
| 9.BASIC ARTHROPLASTY | RNOH Stanmore.,October 1997. |
| 10.CURRENT TRENDS IN ORTHOPAEDICS
FOOT AND ANKLE | Manchester,October 1997. |
| 11.DEPUY KNEE ARTHROPLASTY COURSE | Leeds,November 1997. |
| 12.28TH MEETING OF BSCOS | Swansea, Wales.,January 1998. |
| 13.ANNUAL MEETING OF BRITISH
TRAUMA SOCIETY | Whitechapel, London,October 1998. |
| 14.CURRENT TRENDS IN ORTHOPAEDICS
SINAL SURGERY | Manchester,November 1998. |
| 15.OSTEOARTHRITIS AROUND THE KNEE | Manchester Royal Infirmary, March
1999. |
| 16.AO ADVANCED COURSE | St. Peter's School York.
26-29 Oct. 1999. |
| 17.4th EFORT | BRUSSELS BELGIUM,June 1999. |
| 18.Basic Sciences Course | RNOH Stanmore 11-13 Sep.2000 |
| 19.Paediatric Orthopaedic course | Alderhey October 2000 |
| 20.Hand Injury Management Day | Hull Royal Infirmary 22 Sep 2000 |
| 21.Supra-Condylar Nailing Workshop | Hull Royal Infirmary Nov.2000 |
| 22.5th EFFORT | RHODES GREECE,JUNE 2001 |
| 23.Hand Surgery for FRCS Trauma & Orth. | Wrightington 14-15 Sep.2001 |
| 24.Advanced Upper limb Arthroscopy | Wrightington 15-17 Nov.2001 |
| 25.Ascension MCP & PIP workshop | Wrightington 1 Feb.2002 |
| 26.5 Day Management Seminar for Specialist
Registrars | Manchester University 4-8March
2002 |
| 27.BOA | Cardiff Sep 02 |
| 28.Home office Animal Liscencing | Leeds Sep 02 |
| 29.BTS | Leeds Oct 02 |
| 30.Joint Replacement in hand & wrist surgery | Wrightington 5-6 Dec 02 |
| 31.BOA Birmingham | Birmingham Sep 03 |
| 32.Arthroscopy of the shoulder | Liverpool 20-22 Nov 03 |
| 33. AO hand group Meeting | Derby 12 March 04 |
| 34.AO AGM | Puckrup Hill 5-7 Nov 04 |
| 35. AO Principles Course | Leeds 27 June to 01 July 04 |
| 36. AO Tips for trainers | 1-2 March Stratford upon Avon |

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| 37. Spanish and British hand Society meeting | Valladolid Spain 14-16 April 05 |
| 38. AO hand group Meeting | Oswestry April 27 05 |
| 39. AO Principles Course | Leeds 3-7 July 05 |
| 40. Shoulder surgery congress | Annecy France June 2-5 2005 |
| 41. AOAGM | Alton Towers Nov 05 |
| 42. Mersey deanery tools of the trade | MDGH 19 Jan 2006 |
| 43. AO current concepts course | Chester May 2006 |
| 44. AOAGM | London Nov 2006 |
| 45. Employment Law | MDGH 24 Nov 2006 |
| 46. Recruitment Specialist Training-MTAS | MDGH 19th January 2007 |
| 47. AO Hand Group Meeting and AGM | Coventry March 23 2007 |
| 48. AO Long bone Meeting and AGM | Coventry April 27 2007 |
| 49. 8 th EFORT congress | Florence May 11-15 2007 |
| 50. Annecy live shoulder surgery course | Annecy May31-June 3 2007 |
| 51. Reverse shoulder instructional course | Stockholm 11-12 June 2007 |
| 52. Shoulder Examination for Physio/GP | Macclesfield Regency 2 July 07 |
| 53. AO Principals course for ORP | Leeds 2-5 July 2007 |
| 54. New examiners course for IMRCS | RCS Glasgow 25-26 Sep 07 |
| 55. AO AGM | Alton Towers 3-4 Nov 07 |
| 56. 9 th EFORT congress | Nice May 29-June 1 2008 |
| 57. AO Advanced Course for ORPS | Leeds June 24-27 |
| 58. Grand Round | Macclesfield Feb 2009 |
| 59. MOG Meeting shoulder Examination | Alexandra Hospital May 09 |
| 60. 10 th EFORT Congress | Vienna, Austria 2-6 June 09 |
| 61. Mini Image Intensifier user course | Derby 12 th of June 2009 |
| 62. AO Principals course for surgeons | Leeds 28 th of June to 2 July 09 |

CLINICAL AUDIT AND ADMINISTRATION

I have been involved with clinical audit since 1989 when I was responsible for collecting and presenting data on colorectal surgery at Fauji Foundation Medical centre. I continued to take an active part in audit in Gibraltar and Huntingdon, England, which involved a literature review of the topic being audited, and comparing our local figures with the current literature. I am involved in three similar projects in my present post.

I keep a regular computerised logbook record of my surgical procedures using a palmtop computer. This is regularly updated and six monthly consolidation sheets added.

I have in the past been involved with arranging medical rotas and the management of lists, clinics and finances of an orthopaedic directorate.

I have attended and successfully completed five day residential management seminar for specialist registrars run by Manchester University.

I am the Macclesfield representative on regional fracture NOF audit since 2004.

Completed Audits

1. Colorectal carcinoma in Northern Punjab 1990 Rawalpindi Pakistan.
2. Obstructive Jaundice in Gibraltar. 1994.
3. Monthly complications audit .Huntingdon. 1995-96.
4. Remanipulation of distal radius in over 60 year old patients. Tameside 1998.
5. Operation notes audit .Stockport. 2000.
6. Postoperative infections in upper limb surgery Oct. 2001 Wrightington.
7. Re-admission rate in first 30 days in upper limb surgery January 2002 Wrightington
8. Fast racking fracture neck of femur 2004.
9. Locking plate fixation in distal radius fractures.2005.
10. Treatment of clavicle fractures with Rockwood pin 2006.
11. Regional fracture neck of femur audit. 2005 and 2006.
12. Use and cost effectiveness of bone graft substitutes
13. Regional fracture neck of femur audit. 2006 and 2007.
14. Total wrist arthroplasty November 2008
15. Pyrocarbon PIP Joint Replacement May 2009

Current Research

1. CMC joint instability
2. PHILOS plate fixation of Proximal humerus fractures
3. Treatment of Acute complex elbow fracture dislocations
4. Capsular shrinkage in mid-carpal instability.
5. Sulcus view in cubital tunnel
6. Steroid injection in treatment of CMC joint osteoarthritis
7. Single layer vs double layer rotator cuff repair
8. Efficacy of wrist arthrogram
9. Slap tears and arthroscopy vs arthrographic findings

Social Interests and Hobbies

SPORTS:

Hockey, Punjab under -18

Cricket, College cricket captain, Colours awards holder.

National under-19 Cricket for Rawalpindi 1979-82.

Represented, Gibraltar in international cricket.

LANGUAGES

English, Urdu, Punjabi, Hindi, Spanish

Can read and write Persian and Arabic.

Learning Serbian, French & German